

Short-Term and Mid-Term Clinical Outcomes Following Hybrid Coronary Revascularization Versus Off-Pump Coronary Artery Bypass: A Meta-Analysis

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Abstract

Background: Off-pump coronary artery bypass grafting (OPCAB) is one of the standard treatments for coronary artery disease (CAD) while hybrid coronary revascularization (HCR) represents an evolving revascularization strategy. However, the difference in outcomes between them remains unclear.

Objective: We performed a meta-analysis to compare the short-term and mid-term outcomes of HCR versus OPCAB for the treatment of multivessel or left main CAD.

Methods: We searched the PubMed, EMBASE, Web of Science and Cochrane databases to identify related studies and a routine meta-analysis was conducted.

Results: Nine studies with 6121 patients were included in the analysis. There was no significant difference in short-term major adverse cardiac and cerebrovascular event (MACCE) rate (RR: 0.55, 95% CI: 0.30–1.03, p = 0.06) or mortality (RR: 0.51, 95% CI: 0.17–1.48, p = 0.22). HCR required less ventilator time (SMD: -0.36, 95% CI: -0.55– -0.16, p < 0.001), ICU stay (SMD: -0.35, 95% CI: -0.58 – -0.13, p < 0.01), hospital stay (SMD: -0.29, 95% CI: -0.50– -0.07, p < 0.05) and blood transfusion rate (RR: 0.57, 95% CI: 0.49–0.67, p < 0.001), but needed more operation time (SMD: 1.29, 95% CI: 0.54–2.05, p < 0.001) and hospitalization costs (SMD: 1.06, 95% CI: 0.45–1.66, p < 0.001). The HCR group had lower mid-term MACCE rate (RR: 0.49, 95% CI: 0.26–0.92, p < 0.05) but higher rate in mid-term target vessel revascularization (TVR, RR: 2.20, 95% CI: 1.32–3.67, p < 0.01).

Conclusions: HCR had similar short-term mortality and morbidity comparing to OPCAB. HCR decreased the ventilator time, ICU stay, hospital stay, blood transfusion rate and increased operation time and hospitalization costs. HCR has a lower mid-term MACCE rate while OPCAB shows better in mid-term TVR. (Arq Bras Cardiol. 2018; 110(4):321-330)

Keywords: Coronary Artery Disease/surgery; Coronary Artery Bypass, Off-Pump; Myocardial Revascularization/ trends; Meta-Analysis; Database Bibliographic.

Introduction

Surgical revascularization still plays an essential role in the treatment of coronary artery disease (CAD) even in the era of widely prevalent percutaneous coronary intervention (PCI). As the most classical and widespread procedure for revascularization, coronary artery bypass grafting (CABG) has been considered the gold standard therapy in the past decades.¹ In order to be safe and less disruptive, hybrid coronary revascularization (HCR) and off-pump coronary artery bypass grafting (OPCAB) which combines an off-pump technique with total arterial grafting. Recent years, more and more cardiac centers in the world have adopted OPCAB and HCR.^{2,3}

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It has been intensively discussed whether OPCAB is superior for CAD compared with on-pump CABG, but it remains uncertain. A recent randomized controlled trial (RCT) including 4752 patients found that the outcomes of death, stroke, myocardial infarction, renal failure or repeat revascularization at 5-year follow-up were similar among patients who underwent OPCAB or on-pump CABG.⁴ Another research investigated 3445 patents with a 13-year follow-up and drew conclusions that both OPCAB and on-pump CABG were safe and effective, and no significant difference was observed between them.5 However, a meta-analysis including 12 studies detected a lower rate of death and adverse effects after OPCAB compared with conventional CABG.⁶ Generally speaking, OPCAB is considered as lower incidence of neurological complications (including stroke, cognitive decline, etc.),⁷ in addition to a comparable less mortality and morbidity, particularly in high-risk groups and elderly patients.8,9

HCR combines minimally invasive CABG and PCI, offering a relatively atraumatic therapy for multivessel CAD. HCR utilizes a left internal mammary artery (LIMA) graft to the left anterior

descending (LAD) coronary artery with drug-eluting stents (DES) to non-LAD target coronary arteries. Several studies have proved the excellent postoperative survival (higher than 99%) and LIMA patency rates (higher than 95%) of HCR, suggesting HCR should be considered as an alternative approach for patients with multivessel CAD.¹⁰ A study in France confirmed the feasibility and safety of HCR and also detected that HCR compared favorably to those with traditional CABG alone.¹¹ In addition, both of simultaneous and staged HCR were indicated to be efficient and feasible with favorable outcomes at more than 12-month follow-up.^{12,13} However, a 1-year clinical follow-up study angiographically showed a high rate of repeat revascularization after HCR.14 In addition, a transient reduction in the antiplatelet effect of aspirin and clopidogrel was observed after HCR despite limited surgical trauma and off-pump technique.15 Neither baseline platelet aggregation nor postoperatively increased platelet turnover and acute-phase response could explain it. Therefore, further research is badly needed.

Currently, several comparative studies about the clinical outcomes of OPCAB and HCR are available. Nonetheless, the optimal surgical strategy remains disputable. In the present analysis, we sought to compare the short-term and mid-term clinical outcomes of HCR versus OPCAB for the treatment of multivessel or left main CAD with a pooled data.

Methods

Search strategy and selection criteria

We searched four electronic bibliographic databases including PubMed, EMBASE, Web of Science and Cochrane by using following keywords with different combinations: "coronary artery disease", "multivessel coronary artery disease", "left main coronary artery disease", "no-touch coronary artery bypass", "off-pump coronary artery bypass", "hybrid coronary revascularization", "minimally invasive coronary artery bypass" and "percutaneous coronary intervention". The searches were limited to human studies and English-language literatures only. The last search date was March 1, 2017.

Inclusion criteria were: (1) RCTs, cohort studies or case-control trials (CCT) comparing the outcomes of HCR and OPCAB; (2) at least 15 participants in each group; (3) available to get complete data. In addition, exclusion criteria were: (1) duplicated papers that fail to provide supplementary information; (2) unfinished studies or unavailable data (3) studies with obvious defects in design or data statistics. Two researchers selected literatures and any disagreements were resolved through consensus.

Data extraction and quality assessment

For articles approved in the primary selection, two reviewers assessed the quality of studies and extract data independently. The CONSORT statement¹⁶ and STROBE statement¹⁷ were used to measure the quality of RCTs and observational studies, respectively. Low-quality studies should be excluded and any disagreements were resolved by consensus or judged by the senior author.

Extracted information included: (1) characteristics of studies and patients; (2) basic management of HCR and OPCAB; (3) short-term (in-hospital or 30-day) and mid-term (3 months to 36 months) mortality, stroke and major adverse cardiac and cerebrovascular event (MACCE) which was defined as the incidence of all-cause death, stroke, myocardial infarction (MI) and target vessel revascularization (TVR); (4) in-hospital outcomes: operation time, ventilator time, ICU stay, hospital stay, blood transfusion rate, incidence of atrial fibrillation (AF) and hospitalization costs.

Statistical analysis

We performed the analyses using RevMan 5.3 software (Cochrane Collaboration, Copenhagen, Denmark). Relative risk (RR) with 95% confidence interval (CI) was calculated for dichotomous variables and standardized mean difference (SMD) with 95% CI was calculated for continuous variables. Then Forest plots were presented graphically for all clinical outcomes. Statistical heterogeneity between studies was calculated using chi-squared test and the I-squared measure on a scale of 0-100% (less than 50% represented a low heterogeneity, 50%-75% indicated a moderate inconsistency and higher than 75% meant a large degree of heterogeneity). Fix-effect model was used in analysis with heterogeneity < 50% while random-effect model was conducted with heterogeneity \geq 50%. In addition, publication bias of short-term (in-hospital or 30-day) MACCE rate was also assessed using funnel plot. Two-sided p value < 0.05 was considered statistically significant.

Results

Literature selection and characteristics of studies

The process of literature selection for potentially eligible studies and exclusion reasons is illustrated using a flow diagram in Figure 1. Initially, 1045 published articles were identified (455 from PubMed, 469 from EMBASE, 106 from Web of Science and 15 from Cochrane). Overall, 52 unduplicated English articles related to HCR and OPCAB were selected from these citations. Finally, nine observational studies with 6121 patients were included in the present analysis.¹⁸⁻²⁶

The basic characteristics of these studies are presented in Table 1. Among 6121 patients, 5418 (88.5%) subjects got OPCAB while 290 (4.7%) patients received staged HCR and 398 (6.7%) patients received simultaneous HCR. For those who underwent HCR, minimal invasive techniques such as endoscopic atraumatic coronary artery bypass (endo-ACAB), mini-sternotomy and mini-thoracotomy were utilized. Most of them received DES and a combination of aspirin and clopidogrel was applied as a preventive antiplatelet therapy. Short-term (in-hospital or 30-day) and mid-term clinical outcomes are shown in Table 2.

Short-term outcomes

As illustrated in Table 3, there was no significant difference in short-term MACCE rate (relative risk (RR): 0.55, 95% confidence interval (Cl): 0.30-1.03, p = 0.06; p

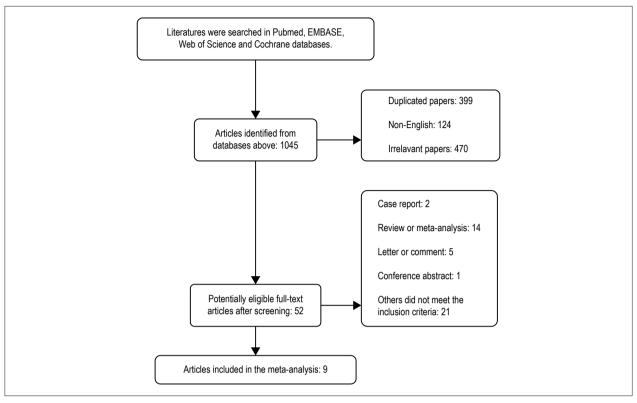


Figure 1 – Flow diagram shows the process of literature selection.

for heterogeneity = 0.85, $l^2 = 0\%$) or mortality (RR: 0.51, 95% CI: 0.17–1.48, p = 0.22; p for heterogeneity = 0.99, $l^2 = 0\%$) or stroke (RR: 0.93, 95% CI: 0.28–3.05, p = 0.90; p for heterogeneity = 1.00, $l^2 = 0\%$) between the two groups. HCR required less ventilator time (standardized mean difference (SMD): -0.36, 95% CI: -0.55– -0.16, p < 0.001), ICU stay (SMD: -0.35, 95% CI: -0.58– -0.13, p < 0.01), hospital stay (SMD: -0.29, 95% CI: -0.50– -0.07, p < 0.05) and blood transfusion rate (relative risk (RR): 0.57, 95% CI: 0.49–0.67, p < 0.001), but needed more operation time (SMD: 1.29, 95% CI: 0.54–2.05, p < 0.001) and hospitalization costs (SMD: 1.06, 95% CI: 0.45–1.66, p < 0.001).

Subgroup analysis

Table 3 also showed the subgroup analysis, which was performed by dividing the studies into staged-HCR group and simultaneous-HCR group. No statistical difference was observed in short-term MACCE rate or mortality in the two subgroups (p value in both subgroups > 0.05).

Mid-term outcomes

The studies that contained mid-term outcomes were included in the analysis. As shown in Figure 2, the HCR group had lower MACCE rate (RR: 0.49, 95% Cl: 0.26–0.92, p < 0.05, P for heterogeneity = 0.26, l² = 25%) but had higher rate in TVR (RR: 2.20, 95% Cl: 1.32–3.67, p < 0.01, P for heterogeneity = 0.46, l² = 0%) in mid-term follow.

No significant difference in mid-term mortality was detected between the two groups (RR: 0.47, 95% CI: 0.17–1.32, p < 0.01, P for heterogeneity = 0.34, $l^2 = 7\%$).

Heterogeneity

In the current analysis, no obvious heterogeneity was found between studies in either short-term or mid-term MACCE rate and mortality (p for heterogeneity > 0.05, $l^2 < 50\%$). And subgroup analysis showed no heterogeneity (p for heterogeneity = 0.95, $l^2 = 0\%$).

Publication bias

The funnel graph of short-term MACCE rate was established in Figure 3, and there was no evident publication bias among all included studies by visual examination.

Discussion

The present meta-analysis shows that HCR, compared with OPCAB, seems not to significantly improve short-term mortality and morbidity of postoperative complications for patients with CAD. These results are similar to previews research. Hu²⁷ first systematically compared the short-term clinical outcomes after HCR versus OPCAB for the treatment of multivessel or left main CAD, and most of the results were consistent with the current analysis. However, some differences between the two analyses should be also mentioned. We excluded one study²⁸ due to small sample size(less than 15 patients), outdated

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Deimorra	References Year endpoint	Kon ¹⁸ 2008 In-hospital MACCE		Vassiliades ¹⁹ 2009 In-hospital mortality	2009 2010	liiades ¹⁹ 2009 2010 os ²¹ 2011	liiades ¹⁹ 2009 2010 3s ²¹ 2011 3s ²² 2011 In 30	liiades ¹⁹ 2009 2010 Ds ²¹ 2011 Ds ²² 2011 Ds ²² 2011	liiades ¹⁹ 2009 2010 0s ²¹ 2011 0s ²² 2011 0s ²² 2011 iinsky ²³ 2012	ades ¹⁹ 2009 2010 21 2011 22 2011 22 2011 24 2012 2013 2014
	Follow-up	1 year	1 year	Mean 18 months	Median 3.2 years	Median 3.2 years	30 days	30 days	1 year	
	Number of patients	15	91	104	147	27	25	141	33	120
	Mean age	61.0 ± 10.0	64.7 ± 13.7	61.8 ± 10.2	64.3 ± 12.8	63.9 ± 13.7	63.2 ± 10.5	62.0 ± 10.1	65.0 ± 6.5	62.3 ± 9.4
	Baseline LVEF (%)	47.0 ± 14.0	51.5 ± 9.4	62.4 ± 6.9	54.6 ± 8.7	56.6 ± 7.7	55.3 ± 10.4	61.8 ± 6.9	55.0 ± 7.5	63.9 ± 7.3
HCR	Setting	Simultaneous	Staged	Simultaneous	Staged	Staged	Staged	Simultaneous	Simultaneous	Simultaneous
R	Surgery type	Small thoracotomy	Endo-ACAB	Ministernotomy	Endo-ACAB with robotic assistance	Mini-sternotomy, robotic assistance	Thoracotomy with robotic assistance	Mini-sternotomy	Mini-thoracotomy with robotic assistance	Mini-sternotomy
	Stents	DES	DES (85.8%)	DES	DES (mojority)	DES (92.6%)	DES (71.0%)	DES	DES (75.8%)	DES (99.5%)
	Antiplatelet strategy	Aspirin 325 mg, clopidogrel 300 mg	Aspirin 81-162 mg, clopidogrel 75 mg	Aspirin 100 mg, clopidogrel 300 mg	Clopidogrel 600 mg	Clopidogrel 600 mg	Aspirin 325 mg, clopidogrel 600 mg	Aspirin 100 mg, heparin 120 IU/kg	Aspirin and clopidogrel	Aspirin 100 mg, clopidogrel 300 mg
	Number of patients	30	4175	104	588	81	27	141	32	240
OPCAB	Mean age	65.0 ± 10.0	62.8 ± 11.7	62.4 ± 8.0	64.3 ± 12.5	63.9 ± 12.7	66.8 ± 10.7	63.2 ± 8.5	67.0 ± 7.0	62.8 ± 8.4
	Baseline LVEF (%)	45.0 ± 14.0	50.9 ± 12.7	63.4 ± 7.5	54.7 ± 8.7	56.6 ± 7.6	51.5 ± 12.0	60.1 ± 9.3	55.0 ± 5.0	64.2 ± 6.9

Table 2 - Short-term and mid-term clinical outcomes of the included studies

	Time of			HCR						OPCAB			
References	Time of - outcomes	Number of patients	MACCE	Death	Stroke	МІ	TVR	Number of patients	MACCE	Death	Stroke	МІ	TVR
K = = 18	Short-term	15	0	0	0	0	0	30	7	0	1	6	0
Kon ¹⁸	Mid-term	15	1	0	0	0	1	30	7	0	0	0	0
Vessilie de s ¹⁹	Short-term	91	1	0	1	0	0	4175	126	74	47	20	12
Vassiliades ¹⁹	Mid-term	91	10	1	1	1	7	4175		230			
1120	Short-term	104	0	0	0	0	0	104	0	0	0	0	0
Hu ²⁰	Mid-term	104	1	0	0	0	1	104	10	1	5	0	3
L lellvee?1	Short-term	147	3	1	1	1	0	588	12	5	4	3	0
Halkos ²¹	Mid-term	147					13	588					18
	Short-term	27	0	0	0	0	0	81	4	3	0	2	0
Halkos ²²	Mid-term	27					2	81					1
Bachinsky ²³	Short-term	25	0	0	0	0	0	27	1	1	0	0	0
Zhou ²⁴	Short-term	141	7	1	1	5	0	141	10	2	1	7	0
11 1 25	Short-term	33	1	1	0	0	0	32	1	1	0	0	0
Harskamp ²⁵	Mid-term	33	1	1	0	0	2	32	2	1	0	1	1
Song ²⁶	Mid-term	120	8	3	0	0	5	237	19	6	8	2	6

HCR: hybrid coronary revascularization, OPCAB: Off-pump coronary artery bypass grafting, MACCE: major adverse cardiac and cerebrovascular event, MI: myocardial infarction, TVR: target vessel revascularization.

Outcomes	Number of studies	Total numbers of patients	SMD or RR	95% CI	p value
Short-term MACCE rate	8	5761	0.55	[0.30, 1.03]	0.06
Staged HCR	4	5161	0.58	[0.23, 1.47]	0.25
Simultaneous HCR	4	600	0.54	[0.23, 1.23]	0.14
Short-term mortality	8	5761	0.51	[0.17, 1.48]	0.22
Staged HCR	4	5161	0.46	[0.12, 1.73]	0.25
Simultaneous HCR	4	600	0.66	[0.11, 3.88]	0.64
Short-term stroke	8	5761	0.93	[0.28, 3.05]	0.90
Operation time	3	542	1.29	[0.54, 2.05]	< 0.001
Ventilator time	6	1861	-0.36	[-0.55, -0.16]	< 0.001
ICU stay	7	1913	-0.35	[-0.58, -0.13]	0.002
Hospital stay	7	1538	-0.29	[-0.50, -0.07]	0.01
Blood transfusion rate	6	1361	0.57	[0.49, 0.67]	< 0.001
AF rate	7	1933	1.08	[0.83, 1.40]	0.56
Hospitalization costs	3	305	1.06	[0.45, 1.66]	< 0.001

Table 3 – Summary of results for short-term clinical outcomes of HCR versus OPCAB

HCR: hybrid coronary revascularization, OPCAB: Off-pump coronary artery bypass grafting, MACCE: major adverse cardiac and cerebrovascular event, AF: atrial fibrillation, SMD: standardized mean difference, RR: relative risk, CI: confidence interval.

surgical procedures (8-10 cm thoracotomy incisions), different kinds of DES (cypher or taxus), uncertainty of baseline LVEF (not reported) and high heterogeneity in analysis. We also put three recent high-quality studies into pooled data so that all outcomes are updated. In addition, in the present study, we focus on postoperative complications and take stroke as a primary endpoint. Therefore, the present analysis is needed for a better elucidation of HCR and OPCAB. To our knowledge, this is the first meta-analysis comparing the mid-term clinical outcomes between HCR and OPCAB so far. Our data shows that HCR has a lower mid-term MACCE rate while OPCAB shows a better result in mid-term TVR. Moreover, no significant difference in mid-term mortality was detected between the two groups. Patients undergoing the hybrid procedure have relatively better mid-term clinical outcomes probably owing to reduced myocardial manipulation

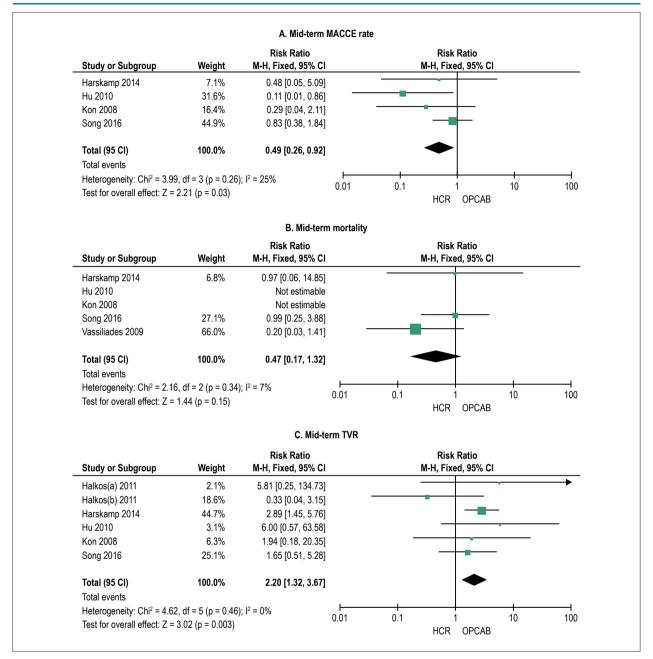


Figure 2 – Meta-analysis shows the relative risk (RR) of mid-term MACCE rate, mortality and TVR. MACCE: major adverse cardiac and cerebrovascular event, TVR: target vessel revascularization, CI: confidence interval, HCR: hybrid coronary revascularization; OPCAB: off-pump coronary artery bypass grafting.

and activation of coagulation^{26.} It has been widely recognized that the dislodgement or rupture of atherosclerotic plaques during surgical aortic manipulation results in a major cause of stroke.²⁹ Since the aorta is more or less affected in the surgical procedure, it is still unclear whether OPCAB can decrease postoperative stroke rate compared with on-pump CABG. In contrast, grafting in HCR only involves LAD artery while other coronary arteries are treated by PCI. As a result, low rate of neurological complications becomes one of the main advantages of HCR. Although, in the present analysis we detect no significant difference of stroke rate between

OPCAB and HCR in a short-term follow-up, which seems to be contradictory to some previous analyses.

However, Song et al.²⁶ reported that more patients in OPCAB group suffer from stroke than HCR group in a 30-month follow-up, which indicates that the differences may be well recognized in a long-term follow-up. In recent years, technical advances in OPCAB utilize a no-touch technique to avoid aortic manipulation during grafting. A retrospective study showed that the OPCAB with no-touch technique could improve prognosis by minimizing the neurological complications and the morbidity.³⁰ Emmert et al.³¹ also reported that the aortic

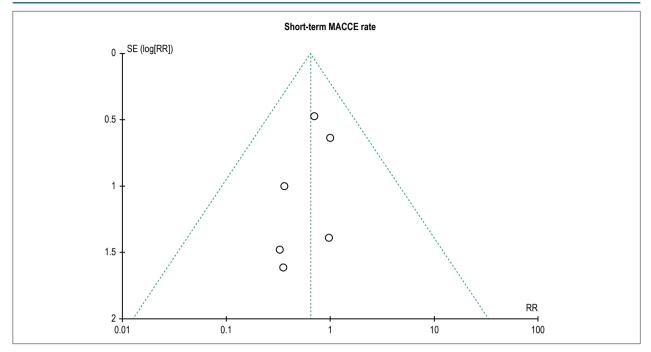


Figure 3 – Funnel plot shows the test for publication bias of short-term (in-hospital or 30-day) mortality and MACCE rate. MACCE: major adverse cardiac and cerebrovascular event, RR: relative risk, SE: standard error.

no-touch OPCAB provided superior neurological outcomes than on-pump CABG and no-touch technique should be properly applied. Halbersma et al.³² investigated the four-year clinical outcomes after OPCAB with no-touch technique and concluded that it was a safe and efficient choice for patients with multivessel or left main CAD. Compelling data have indicated that the combination of OPCAB and clampless strategies can reduce stroke risk. However, the major shortcoming of no-touch OPCAB is its greater technical requirement so that it is not applicable for every surgical team or every patient.³³ Nevertheless, further investigations should be still carried out to compare no-touch OPCAB and HCR.

In the current analysis, neither staged HCR nor simultaneous HCR makes a difference to the short-term outcomes, which is consistent with former studies.²⁷ Commonly, there are three strategies for HCR: (1) performing LIMA-LAD grafting first and then followed by PCI, the interval varies from several hours to a few weeks; (2) vice versa; (3) combined LIMA-LAD grafting and PCI at the same time in a hybrid operative unit. The optimal sequence of LIMA-LAD grafting and PCI has been debated but still remains unclear. In fact, most centers choose their own surgical procedures mainly based on preferences of physicians, considerations of patients, economic issues and available resources. Although several studies have indicated that both simultaneous and staged HCR contribute to excellent results, most centers prefer to adopt the latter one with LIMA-LAD grafting performed first.³⁴ The CABG-first approach is recommended by the American College of Cardiology Foundation/American Heart Association³⁵ and it has some obvious advantages. It can reduce the overlapping from two different teams so that they can perform in their most familiar

way and avoid to interacting with each other in operation room. Then antiplatelet and antithrombotic strategies can be well managed and adjusted according to physicians from different teams.³⁶ However, the disadvantages include that patients have to undergo at least two surgeries and need more time to recover. Moreover, hemorrhagic tendency and overload of kidneys also deserve significant attention. Currently, no study has compared the clinical outcomes of staged HCR and simultaneous HCR directly, so further research should be placed on it.

In the present analysis, we also confirm that HCR apparently decreases the ventilator time, ICU stay, hospital stay and blood transfusion rate comparing to OPCAB. Although these items may not directly influence the main outcomes, they are also important criteria to judge a surgical procedure. Several reasons may account for these advantages of HCR. With the development of surgical procedures, endoscopic technique and mini incision are widely utilized in HCR to help patients ease suffering and recover sooner.37 And retractor-stabilizer, such as robot, provides access that LIMA-LAD grafting can be performed with accuracy and precision with minimally invasive thoracotomy or sternotomy.³⁸ Practically, with the assistance of a surgical robot, it offers an excellent visual field and reduces operation time. However, some drawbacks of HCR also deserve our attention. Our study detects that the hybrid procedure required longer operation time and incurred much higher in-hospital costs than OPCAB. In Bachinsky's study,23 despite lower postoperative costs, the HCR group still needs more overall hospital costs owning to its higher procedural costs. Consequently, pros and cons of HCR should be weighed and considered carefully before operation.

Some limitations of the present analysis should be also emphasized. Firstly, all included studies belong to observational studies and no single RCT has been conducted so far. Secondly, some included studies contain relatively small samples (fewer than 50 patients) and remain imbalance of patient number between groups so that deviation of results may inevitably exist. Thirdly, long-term patency is more convincing than short-term and mid-term outcomes, but very limited references were published with long-term follow-up so far. Finally, some uncontrolled factors may interfere with the current analysis. Variables like gender ratio and LVEF at baseline have not been adjusted. And diverse surgery procedures, stents (DES or bare stent) as well as antiplatelet strategies may disturb the accuracy of results too.

Conclusions

HCR shows similar results with OPCAB in short-term clinical outcomes. HCR decreases the ventilator time, ICU stay, hospital stay, blood transfusion rate and increases the operation time and hospitalization costs. Although repeated vessel revascularization is greater with HCR, it has a lower mid-term MACCE rate and could provide a safe and reproducible alternative for patients with multivessel CAD.

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Author contributions

Conception and design of the research and Critical revision of the manuscript for intellectual content: Xiang-guang A; Acquisition of data, Analysis and interpretation of the data, Statistical analysis and Writing of the manuscript: Li D, Yi-kun K.

Potential Conflict of Interest

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Study Association

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Ethics approval and consent to participate

This article does not contain any studies with human participants or animals performed by any of the authors.

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