Surgical Repair of a Pseudoaneurysm of the Ascending Aorta after Aortic Valve Replacement

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We report the case of a patient with a pseudoaneurysm of the ascending aortic clinically diagnosed 5 months after surgical replacement of the aortic valve. Diagnosis was confirmed with the aid of two-dimensional echocardiography and helicoidal angiotomography. The corrective surgery, which consisted of a reinforced suture of the communication with the ascending aorta after opening and aspiration of the cavity of the pseudoaneurysm, was successfully performed through a complete sternotomy using extracorporeal circulation, femorofemoral cannulation, and moderate hypothermia, with no aortic clamping.

Aneurysms of the ascending aorta are rare entities that may occur after cardiac surgeries and that have a significant rate of complication. Surgical repair of ascending aorta pseudoaneurysms remains a challenge to the ability of surgeons. We report the case of a patient with an ascending aorta pseudoaneurysm that was successfully surgically repaired.

Case Report

An 18-year-old male with characteristics of Marfan's syndrome underwent surgical replacement of the aortic valve due to a severe aortic insufficiency and ascending aorta ectasia 5 months ago. An ATS Medical Open Pivot™ (ATS Medical Inc., Minneapolis, MN, USA) prosthesis, nº 25, was implanted, and in the postoperative period the patient was reoperated upon because of blood dyscrasia and bleeding of the suture of the ascending aorta cannulation. Routine tests were normal on hospital discharge. After this, the patient was referred for clinical follow-up and medicated only with dicumarol. Clinical controls at 30 and 60 days of the postoperative period showed a normal evolution. On the 5th postoperative month, the patient sought medical assistance because of a mass in the right hemithorax. On physical examination, the mass was pulsatile, measured approximately 4cm, and was located between the 3rd and 4th right intercostal spaces, 3cm from the right parasternal line. The chest X-ray was not specific. Two-dimensional Doppler echocardiography showed an aortic prosthesis functioning normally and a huge mass in the anterior portion of the ascending aorta measuring 10.5cm in its larger axis. The neck of the pseudoaneurysm was small (1cm), located 5cm above the level of the metallic valve, with double leaflet, and had blood flow and intraluminal clots. The patient underwent helicoidal angiotomography with dynamic intravenous infusion of nonionic contrast medium through a high-flow digital infusion pump. This helicoidal angiotomography confirmed the diagnosis and showed that the saccular formation occupied the anterior mediastinum in the retrosternal portion posterior to the manubrium and sternal body, and caused sternal erosion. This saccular formation measured 11 x 9.8 x 7.8cm in the craniocaudal, laterolateral, and anteroposterior axes, respectively (fig. 1), had a volume of 437cm³, which contained blood. It also showed a semilunar layer compatible with mural thrombus in the peripheral area leading to compression and posterior displacement of the ascending aorta, aortic arch, and pulmonary trunk (fig. 2). Because of these findings, the patient was referred for urgent surgery.

After initial preparation, the common femoral artery and vein were cannulated (femoral cannula kit, Medtronic-DLP, Minneapolis, MN, USA), and extracorporeal circulation was installed with moderate hypothermia (24°C). After a large volume of blood was drained and the extracorporeal circulation was interrupted, but with the heart beating, a sternotomy was performed and the ascending aorta pseudoaneurysm was directly approached. The pseudoaneurysm was aspirated and its neck was identified. The neck could be partially occluded with a finger, and then with 2 stitches of Prolene 3-0 (Ethicon). Extracorporeal circulation was restarted with rewarming. The suture of the pseudo-
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Aneurysm neck was strengthened with straps of bovine pericardium (Braile Biomédica, São José do Rio Preto, SP, Brazil) and 2 stitches of Prolene 3-0. All clots were cleared from the cavity, and surgery was completed in the conventional manner. The postoperative period was uneventful, and the patient stayed in the hospital for 7 days.

In the early postoperative period, a control echocardiography showed the complete occlusion of the neck of the pseudoaneurysm, and no paraaortic leak was noted.

Discussion

Pseudoaneurysm of the ascending aorta is a rare entity (<1%) and results from complications of cardiac surgery, in which the ascending aorta is cannulated or incised. In our case series of 1,049 patients with extracorporeal circulation, this was the first with this complication (0.09%). Most ascending aorta pseudoaneurysms occur after surgeries on the aortic valve, coronary revascularizations, usually at the site of the proximal anastomoses of the grafts, aortotomies, or in the cannulation sites. Despite the evidence of some cases of ascending aorta pseudoaneurysm occurring because of infection or in aortas with weak points (Marfan’s syndrome), a great percentage, results from mechanical rupture of aortic sutures. Most ascending aortic pseudo aneurysms are asymptomatic, like the one we presently report, unless they compress important structures, such as coronary arteries, venous or arterial grafts, pulmonary arteries, or the superior vena cava, causing acute clinical manifestations. The risk of rupture of a pseudoaneurysm should be taken into consideration as an indication for emergency surgery, especially in the case of large masses.

From the surgical point of view, the treatment of ascending aorta pseudoaneurysms remains a challenge. Unintentional rupture during the redo sternotomy or mediastinal dissection due to the reduction in pressure around the formation when opening and sliding the sternum, are causes of surgical catastrophe. Mortality reported by several authors ranges from 29% to 46%, and most of the time it is a consequence of a fatal hemorrhage due to rupture of the pseudoaneurysm during surgical maneuvers for its repair.

In our patient, to avoid this situation and due to erosion of part of the sternum, femorofemoral extracorporeal circulation was started with hypothermia. Hypothermia was required for drainage of a large amount of blood to the extracorporeal circulation system and arrest of the pump, during the new sternotomy. These maneuvers were required because of the location of the saccular formation and its neck in the ascending aorta, which was depicted in both the two-dimensional echocardiography and the helicoidal angiotomography. Contrary to findings in some reports, echocardiography was extremely useful in our case. Helicoidal angiotomography is a more accurate imaging technique and provided all details for surgical planning.

In conclusion, a successful complete repair of ascending aorta pseudoaneurysms, avoiding the risk of fatal intraoperative bleeding, is due to an objective and accurate planning of surgical tactics and technique, which should be based on a careful assessment of the results of examinations, such as two-dimensional echocardiography and helicoidal angiotomography.

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References